### Instruction for use

Please read this information carefully because it will help you to use HYCOSAN® NIGHT properly

# HYCOSAN Night<sup>®</sup>

Vitamin A (Retinol palmitate)

For improvement of the tear film and protection of the ocular surface Preservative Free Vitamin A-containing eye ointment

### What is HYCOSAN® NIGHT?

HYCOSAN<sup>®</sup> NIGHT is a sterile, preservative free eye ointment for ocular use.

### **Composition:**

1 g HYCOSAN<sup>®</sup> NIGHT contains 250 I.U. retinol palmitate (vitamin A), liquid paraffin, light liquid paraffin, wool fat and white soft vaseline.

Each tube contains 5 g of eye ointment.

### When is HYCOSAN<sup>®</sup> NIGHT indicated?

HYCOSAN® NIGHT improves the tear film and protects the surface of the eye.

HYCOSAN<sup>®</sup> NIGHT is a particularly soft and smooth eye ointment which spreads easily on the surface of the eye.

The vitamin A contained is a physiological component of the tear film. Thus, the eye ointment is well tolerated and blends well with the existing tear film. The symptoms of burning, tired and dry eyes are relieved and the eyelids move easily over the conjunctiva and cornea.

#### When should HYCOSAN<sup>®</sup> NIGHT be used?

The symptoms of burning, itching, dry eyes or foreignbody sensation are often experienced due to dry or air conditioned environments. Environmental factors, side effects of medication, age, cigarette smoke, driving at night or prolonged periods working with VDU's can also be the cause of these symptoms.

HYCOSAN® NIGHT relieves these symptoms and forms a comfortable long lasting protective film on the eyes. The thick consistency of the eye ointment causes a slight impairment of vision. Therefore, HYCOSAN® NIGHT is recommended to be applied before going to bed. HYCOSAN® NIGHT prevents any possible difficulty in opening the eyes for the first time in the morning.

### How should HYCOSAN® NIGHT be used?

Eye ointments should be used without contacting your eyes or skin with the tube.

Only use HYCOSAN $^{\circ}$  NIGHT if the sealing of the folding carton was intact before the first use ( ).

Remove the protective cap.



Tilt your head backwards and gently pull on the lower eyelid using a finger of one hand.



With the other hand hold the tube in an upright position above the eye. Apply one strip of eye ointment into the gap formed between the eye and eyelid by gently squeezing on the tube.



Close your eye gently then blink normally. Replace the cap firmly back onto the tube.

### What further recommendations concerning the

## What further recommendations concerning the application should be followed?

If HYCOSAN® NIGHT is applied during the day vision will be impaired because of the thick consistency of the eye ointment. You should not drive a car, be near traffic, use machines or work in an unsecure environment during this time.







HYCOSAN® NIGHT should not be used concomitantly with ophthalmic drugs. If necessary to do so, HYCOSAN® NIGHT should be applied about 30 minutes after the application of the ophthalmic drug.

Please apply the eye ointment by gently pressing on the tube without cracking or rolling up the tube.

There are no restrictions for the use of HYCOSAN® NIGHT in children or pregnant and breast feeding women.

HYCOSAN® NIGHT eye ointment is only for you – it should not be shared with anyone ( (1)).

In very rare cases hypersensitivity reactions like red, burning, itching eyes or excessive tearing were reported which improved directly after the treatment with HYCOSAN® NIGHT was stopped.

## How often and how long should HYCOSAN® NIGHT be used?

The frequency of use depends on your symptoms.

HYCOSAN® NIGHT can be used in addition to lubricating eye drops and is used once a day before going to bed.

In cases of severe dry eye HYCOSAN® NIGHT can be applied three times a day into each eye.

If you require to use HYCOSAN® NIGHT more often ask your doctor.

The duration of treatment is not limited.

### When should HYCOSAN® NIGHT not be used?

HYCOSAN® NIGHT should not be used when a hypersensitivity to one of its ingredients is known. HYCOSAN® NIGHT should not be applied while contact lenses are worn.

HYCOSAN® NIGHT should not be used directly after ophthalmosurgical interventions or in acute injuries of the eye as no clinical studies for this purpose exist.

### What do you need to know about storing HYCOSAN\* NIGHT? $1/c^{25 \circ C}$

Do not store above 25 °C ( 4 ). HYCOSAN® NIGHT can be used for 6 months after opening.

The shelf life is 3 years.

Do not use beyond the expiry date (imprinted on the packaging carton).

Keep out of the reach of children.

Date	of	information:
April	20	23

### Manufacturer ( 💼 ):

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Symbol:	Explanation:
	Manufacturer
	Distributor
MD	Medical device
CE	CE mark
STERILE A	Sterilized using aseptic processing techniques
<b>\</b>	Do not use if the outer packaging is damaged.
LOT	Lot number
	Expiry date [YYYY-MM]
Ĩ	Read Instructions for use
25 °C	Do not store above 25°C.
	Single patient multiple use